

## WHAT TO DO IF SOMEONE IS RAPED?



1. Advise the victim to seek the help of a counselor or a therapist who is an expert in handling cases of sexual abuse.
2. Assist her in securing a safe and temporary shelter if she needs to move to another place for security reasons. She can be referred to a crisis center or any government agency that offers temporary shelter.
3. Make sure that the evidence is safe and intact. This would help should the victim decides to file a case.
4. Secure a Medico-legal certificate from a Medico-legal officer. Absence of bodily injuries does not mean that rape did not occur or that the case may not be pursued anymore.
5. Support the victim along the way when she decides to file a case.
6. Ensure that she is prepared in all aspects. Make her understand the overall picture of the case. Inform her that it is possible that doctors, police, lawyers and judges would not be sensitive to her situation and experience.
7. Help the victim choose the lawyer who understands her most.
8. Coordinate with people who can assist or support her all throughout.

## WHERE TO GET HELP?

### Philippine National Police (PNP)

Women and Children Protection Center (WCPC)  
Camp Crame, Quezon City  
Tel. No.: 410-3213 / 532-6690

Aleng Pulis Text Hotline: 0919-777-7377

Women and Children Protection Desk of nearest Police Precinct  
Emergency Hotline : 911

### National Bureau of Investigation (NBI)

Anti-Violence Against Women and their Children Desk (VAWCD)  
Taft Avenue, Manila  
Tel. Nos.: 523-8231 to 38 / 525-6028

### DOJ - Public Attorney's Office (DOJ-PAO)

Tel. Nos.: 929-9010 / 526-2747 / 929-9436 to 37 loc. 106 / 107

### UP-PGH Women's Desk

Tel. Nos.: 524-2990 / 567-3394 loc. 3072

### DOH Hospital's Women and Children Protection Unit

Tel. No. 651-7800 locs. 1726 to 1730

### Department of Social Welfare and Development (DSWD)

Community-Based Services Section (CBSS) Legarda, Manila  
Tel. Nos.: 733-0014 to 18 local 116 / 488-2861

### Women's Crisis Center (WCC)

Women and Children Crisis Care and Protection Unit  
Vito Cruz, Manila  
Contact Nos.: 0928-420-0859 / 0999-577-9631

### References:

1. The Anti-Rape Law of 1997 and Rape Victim Assistance and Protection Act of 1998, NCRFW
2. *Ang Batas Laban sa Panggagahasa, Isang Praymer*, WLB in cooperation with NCRFW and UNFPA, 1998

Cover Graphics: ALBERTO N. DAUS

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**Republic Act 8353**  
**The Anti-Rape Law of 1997**